

# What's next - Community Functional Screening Programme Pilot



- When & Where?
- Who?
- How?
- Was it useful?



- ❑ September 2010 – August 2011
  
- ❑ First 4 pilot sites
  - ❑ Jurong Central
  - ❑ Jalan Besar
  - ❑ Kebun Baru
  - ❑ Kreta Ayer-Kim Seng
  
- ❑ Remaining sites to be scheduled within the next 6 months



- ❑ Who will be screened?
  - ❑ Community-living adults aged 60 and older
  - ❑ About 1,500 persons (30 -40 screening sessions)
  
- ❑ Who will screen?
  - ❑ Community health screening provider(s)
  
- ❑ Who are our partners?
  - ❑ People's Association & Wellness Programme officers
  
- ❑ Who will follow-up?
  - ❑ Nurse educators, healthcare professionals



Recruitment and pre-registration by Wellness Assistant Constituency Manager

Registration on Actual Day of Screening  
• Attendance-taking, administration of consent form & questionnaires

### Functional Screening by Station (total estimated time: 1 hour per person)

Physical Function (18min)	Oral Health (8 min)	Vision (7 min)	Hearing (8 min)	Mood (7min)	Incontinence (4min)
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On-site result notification & referral letter (if applicable)

Normal findings

Nurse to disseminate healthy lifestyle messages / educational materials

Abnormal findings

Nurse to counsel  
• Interpretation of results, including education  
• Refer participants to follow-up intervention(s)

### Follow-up Interventions

Physical Function • Family Physician • 12-week structured exercise programme	Oral Health • Dentist	Vision • Optometrist / Ophthalmologist	Hearing • ENT specialist	Mood • Family Physician	Continece • Family Physician
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Follow-up call to find out if participants have gone for follow-up (1 month after screening)



- ❑ **Improvement in quality of life (for selected interventions)**
  
- ❑ Proportion of seniors who have functional decline in the following domains
  - ❑ physical function, oral health, vision, hearing, mood and continence
  
- ❑ Proportion of referred seniors who attended follow-up intervention (based on 1 month follow-up call)
  
- ❑ Health-seeking behaviour after functional screening
  - ❑ barriers and challenges faced by seniors

Thank you